



## Achieve, Believe and Create Together

Jeremiah 29:11 'For I know the plans I have for you, plans to prosper you and not harm you, plans to give you hope and a future.'



### Bikeability-Year 5

A number of Year 5 children have participated in Bikeability this week. After working through Level 1 on the school grounds, they were able to progress on to Level 2 where they cycled around the village, learning how to **start and stop** with more confidence, **pass stationary vehicles** parked on a road, **understand the road**: signals, signs and road markings, **negotiate the road**: including quiet junctions, crossroads and roundabouts and **share the road** with other vehicles. They have also learned to perform the 'ABCD' check of air, brakes, chain and direction before riding their rides. All those involved thoroughly enjoyed the course and we are sure they have gained independence, social skills and a sense of wellbeing from completing it.

