



# FOREST SCHOOL

This month at Forest School, Year 1 have been busy cooking cheesy pitta pizzas on a fire.

The session started with a discussion about the 5 pieces of safety equipment needed for a fire: gloves, goggles, kneeling mats, a bucket of water, and to remember to zip-up jackets and tie-up hair.

Next we talked about what we needed to light a fire, using the fire triangle to remind us of the 3 scientific ingredients: fuel, oxygen and heat. Then the children set off into the woods in the hunt for dead, dry sticks.

With lots of fuel for the fire, the children had the chance to recap how to setup and light a fire. Once the fire was lit the children split into 2 rotational groups, allowing them all to make and cook their cheesy pitta pizzas and enjoy free play in the woods.

After a busy afternoon of learning lots of new fire lighting and cooking skills, the children were able to sit down and enjoy their melted cheesy pitta pizzas.

The session ended with the Forest School prayer.

