

Year 3



PSHE Programme of Study:

Year 3

Core Theme 1:

Health and Wellbeing

- the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls.
- to recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong

Core Theme 2:

Relationships

- to be aware of different types of relationship, including those between friends and families, civil partnerships and marriage
- to judge what kind of physical contact is acceptable or unacceptable and how to respond

Lesson 1

Learning Intention

To explore the differences between males and females and to name the body parts.

Learning Outcomes

To know some differences and similarities between males and females.
To name male and female body parts using agreed words.

Lesson 2

Learning Intention

To consider touch and to know that a person has the right to say what they like.

Learning Outcomes

To identify different types of touch that people like and do not like.
To understand personal space and discuss about ways of dealing with unwanted touch.

Lesson 3

Learning Intention

To explore different types of families and who to go to for help and support.

Learning Outcomes

To understand that all families are different and have different family members.

To be able to identify who to go to for help and support.

Key vocabulary: similar, different, sex, gender roles, stereotypes, boy, girl, male female, private parts, penis, vagina, testicles, womb, family, fostering, adoption, relationship