



Intent

Why do we teach this?

PSHE, or personal, social, health and education, is a planned programme of learning through which our pupils acquire the knowledge, understanding and skills they need to manage their lives. We believe that, as part of our wider PSHE provision, pupils have the entitlement to learn about sex and relationships. We aim to meet the needs of all our pupils and respond thoughtfully and sensitively to the range of cultures and family diversity in our community. In our teaching we actively promote British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs to prepare our pupils for life in modern day Britain.

Spirituality through the PSHE Curriculum

Spirituality can be found woven throughout the PSHE curriculum contributing to the development of spirituality in a subject-bespoke manner. The experiences and opportunities for growth of relational spirituality in ourselves, others, the natural world and beauty, and beyond (God/transcendence) are provided in greater detail in the *Spiritual Development in the Taught Curriculum Policy*.

Implementation

How do we teach this?

As part of a whole school approach, our PSHE curriculum develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. We are using a spiral curriculum approach provided by Unifrog; which is aligned with the PSHE Association objectives. These are taught through the following core areas:

- Health and Wellbeing,
- Relationships, families and friends
- Staying Safe
- Personal Development and Social Responsibility

These core areas will prepare pupils to manage many of the most critical opportunities, challenges and responsibilities they will face growing up in such rapidly changing and challenging times. It also helps them to connect and apply the knowledge and understanding

they learn in all subjects to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential.

Our staff deliver the PSHE curriculum in a sensitive manner that responds to and respects the needs of individual pupils.

We also deliver Sex and Relationships Education lessons and Drugs and Alcohol Education in separate blocks during the Spring and Summer Terms.

Impact

What is the impact of what we do?

As a result of a rigorous spiral approach to the teaching of PSHE our pupils will:

- Be able to cope with the everyday ups and downs of friendships
- Develop respect and understanding of differences between themselves and others
- Be confident to share their opinions and know that others may have different opinions to theirs
- Understand how money works
- Be informed about the risks of drugs and alcohol
- Develop the skills to build and maintain positive relationships and make choices that help them be part of our school community now and will enable them to be part of society as an adult

Progress will be measured through a variety of ways of assessing personal growth, such as:

- Draw and write activities, before and after learning
- Mind Maps
- Responses to scenarios
- Scaling/scoring activities
- Pupil voice (conferencing/questionnaires)